


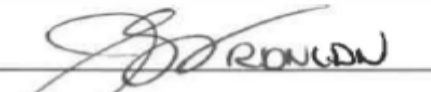
FACILITY OR
INSTITUTION NAME: _____

**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Monday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23


FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief


Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c oatmeal w/ brown sugar 2 sl french toast (E) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 ea margarine 2 oz syrup 2 ea sugar pk No Alternate Entrée	2 c oatmeal w/ brown sugar 2 sl french toast (E) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage ½ oz margarine 2 oz syrup 2 ea sugar pk No Alternate Entrée	2 ea breakfast sausage patty (E) ½ c buttery oatmeal 1 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 ea margarine 1 pk diet jelly 2 ea sugar substitute 2 oz cheese (AE)*	2 ea breakfast sausage patty (E) 1 c buttery oatmeal 2 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 ea margarine 2 pk diet jelly 2 ea sugar substitute 2 oz cheese (AE)*	3 oz LS peanut butter (#12 disher) 2 c vegan buttery oatmeal 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
3 oz crispy chicken patty (E) ¼ c rice ½ c broccoli ½ c garden salad 2 ea bread ½ fl oz dressing ½ oz mayonnaise ½ oz mustard 1 c fortified tea 1 c dried beans (AE)	3 oz crispy chicken patty (E) 2 c rice ½ c broccoli ½ c garden salad 2 ea bread ½ fl oz dressing ½ oz mayonnaise ½ oz mustard 1 c fortified tea 1 c dried beans (AE)	3 oz crispy chicken patty (E) ½ c rice ½ c broccoli ½ c garden salad 1 ea bread ½ fl oz dressing ½ oz mayonnaise ½ oz mustard ½ c canned fruit 1 c fortified tea 1 c dried beans (AE)	3 oz crispy chicken patty (E) ¼ c rice ½ c broccoli ½ c garden salad 1 ea bread ½ fl oz dressing ½ oz mayonnaise ½ oz mustard ½ c canned fruit 1 c fortified tea 1 c dried beans (AE)	1 c dried beans 2 c rice 1 c broccoli ½ oz margarine (#60 disher) ½ c canned fruit 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
2 ea turkey hot dog (E) ¾ c pasta and cheese 1 c dried beans ½ c carrot coleslaw 2 ea bread 1 ea cookie ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	2 ea turkey hot dog (E) 1 ½ c pasta and cheese 1 c dried beans ½ c carrot coleslaw 2 ea bread 1 ea cookie ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	2 ea turkey hot dog (E) ½ c pasta and cheese ½ c carrot coleslaw 1 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	2 ea turkey hotdogs (E) 1 c pasta and cheese ½ c carrot coleslaw 1 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	2 c pasta 1 c dried beans 1 c cabbage ½ c canned fruit ½ oz margarine (#60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entrée
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

*

Cheese as Menu Item			
Menu calls for:	Sliced	OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.

* standard ordered size is 1/2 oz. slices


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES


FACILITY OR
INSTITUTION NAME: _____

**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Monday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23


FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief


Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c oatmeal w/ brown sugar	1 c oatmeal w/ brown sugar	¾ c scrambled eggs (E) ½ c oatmeal w/ brown sugar	1 c oatmeal w/ brown sugar	¾ c scrambled eggs (E) ½ c oatmeal w/ brown sugar & cinnamon
2 sl french toast (E)	2 sl french toast (E)	2 sl french toast	2 sl french toast (E)	3 ea bread
1 ea fresh fruit	½ c Citrus Sunrise	½ c Citrus Sunrise	1 ea fresh fruit	1 ea fresh fruit
1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee
1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage
1 ea margarine	1 ea margarine	1 ea margarine	1 oz LS margarine (#30 disher)	1 oz LS margarine (#30 disher)
2 oz syrup	2 oz syrup	2 oz syrup	2 oz syrup	1 oz jelly (# 30 disher)
2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	No alternate entrée	No alternate entrée	No alternate entrée
	** can substitute banana when available			
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
3 oz crispy chicken patty (E)	3 oz crispy chicken patty (E) chopped	¾ c ground chicken (E)	3 oz crispy chicken patty (E)	3 oz crispy chicken patty (E)
¾ c rice	¾ c rice	½ c rice	¾ c rice	1 c rice
½ c broccoli	1 c broccoli	½ c broccoli	½ c broccoli	½ c broccoli
½ c garden salad			½ c garden salad	1 c garden salad
2 ea bread	2 ea bread	2 ea bread	2 ea bread	2 ea bread
½ fl oz dressing			½ fl oz dressing	1 fl oz dressing
½ oz mayonnaise	½ oz mayonnaise	½ oz mayonnaise	½ oz mayonnaise	½ oz mayonnaise
½ oz mustard	½ oz mustard	½ oz mustard	½ oz mustard	½ oz mustard
1 c fortified tea	1 c fortified tea	1 oz margarine (#30 disher)	1 oz LS margarine (#30 disher)	½ c canned fruit
1 c dried beans (AE)	1 c dried beans (AE)	1 c fortified tea	1 c fortified tea	1 c fortified tea
		3 oz cheese (AE)*	¾ c dried beans (AE)	¾ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
2 ea turkey hot dog (E)	2 ea turkey hot dog (E) chopped	2 ea turkey hot dog (E)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter	6 oz pulled poultry thigh (E) OR deboned chicken leg quarter
¾ c pasta and cheese	¾ c pasta and cheese	½ c pasta & cheese	1 c pasta	½ c pasta & cheese
1 c dried beans	1 c dried beans			
½ c carrot coleslaw	½ c cooked carrots	½ c cooked carrots	½ c carrot coleslaw	½ c carrot coleslaw
2 ea bread	2 ea bread	2 ea bread	2 ea bread	3 ea bread
1 ea cookie	1 ea cookie	1 ea cookie	½ c canned fruit	½ c canned fruit
½ oz mustard	½ oz mustard	½ oz mustard		
½ oz ketchup	½ oz ketchup	½ oz ketchup		
		1 oz margarine (#30 disher)	2 oz jelly (#16 disher)	
1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 oz LS margarine (#30 disher)	1 c fortified beverage
1 c dried beans (AE)	1 c dried beans (AE)	¾ c scrambled eggs (AE)	1 c fortified beverage	1 c fortified beverage
			¾ c scrambled eggs (AE)	¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

* Cheese as Menu Item

Menu calls for:	Sliced	OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.

* standard ordered size is 1/2 oz. slices


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Tuesday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
2 ea breakfast sausage patty (E) 1 c buttery oatmeal	2 ea breakfast sausage patty (E) 1 ½ c buttery oatmeal	2 ea breakfast sausage patty (E) 1 c buttery oatmeal	2 ea breakfast sausage patty (E) 1 ½ c buttery oatmeal	2 oz LS peanut butter (# 16 disher) 2 c buttery oatmeal
2 ea bakery biscuits (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	2 ea bakery biscuits (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	1 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute	2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute	½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk
2 oz cheese (AE)*	2 oz cheese (AE)*	2 oz cheese (AE)*	2 oz cheese (AE)*	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
3 oz peanut butter & jelly (E) (#12 disher) ¾ c potato salad ½ c carrot sticks 2 ea bread 1 ea cake (1/48 cut)	3 oz peanut butter & jelly (E) (#12 disher) 1 c potato salad ½ c carrot sticks 2 ea bread 1 ea cake (1/48 cut)	2 oz peanut butter & jelly (E) (#12 disher) ¾ c potato salad 1 c carrot sticks 2 ea bread 1 ea fresh fruit	2 oz peanut butter & jelly (E) (#12 disher) ¾ c potato salad 1 c carrot sticks 2 ea bread 1 ea fresh fruit	1 c dried beans 2 c oven browned potatoes ½ c carrot sticks 1 ea fresh fruit ½ oz margarine (#60 disher) 1 c fortified tea
1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea chicken leg quarter, BBQ (E) 1 c garlic mashed potatoes ½ c mixed vegetables 1 c dried beans 1 ea garlic roll	1 ea chicken leg quarter, BBQ (E) 1 c garlic mashed potatoes ½ c mixed vegetables 1 c dried beans 1 ea garlic roll	1 ea chicken leg quarter, BBQ (E) skinless ½ c garlic mashed potatoes ½ c mixed vegetables ½ c dried beans 1 ea bread	1 ea chicken leg quarter, BBQ (E) skinless ½ c garlic mashed potatoes ½ c mixed vegetables 1 c dried beans 1 ea bread	2 c oven browned potatoes ½ c mixed vegetables 1 c dried beans ½ c canned fruit ½ oz margarine (#60 disher) 1 c fortified beverage
1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage
3 oz peanut butter (AE) (#12 disher) 2 ea bread	3 oz peanut butter (AE) (#12 disher) 2 ea bread	3 oz peanut butter (AE) (#12 disher) 2 ea bread	3 oz peanut butter (AE) (#12 disher) 2 ea bread	
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Tuesday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
2 ea breakfast sausage patty (E) 1 c buttery oatmeal	2 ea breakfast sausage patty (E) chopped 1 c buttery oatmeal	¾ c scrambled eggs (E) ½ c buttery oatmeal	¼ oz scrambled eggs (E) 1 c buttery oatmeal	¾ c scrambled eggs (E) ½ c buttery oatmeal
2 ea bakery biscuits (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk	2 ea bakery biscuits (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk	2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk 1 oz margarine (#30 disher)	2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 oz jelly (#16 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)	3 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)
2 oz cheese (AE)*	2 oz cheese (AE)*	No alternate entrée	No alternate entrée	No alternate entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
3 oz peanut butter & jelly (E) (#12 disher) ¾ c potato salad ½ c carrot sticks 2 ea bread 1 ea cake (1/48 cut) 1 c fortified tea	3 oz peanut butter & jelly (E) (#12 disher) 1 c oven brown potatoes ½ c cooked carrots 2 ea bread 1 ea cake (1/48 cut) 1 c fortified tea	¾ c ground chicken (E) ½ c rice ½ c cooked carrots 2 ea bread 1 ea cake (1/48 cut) 1 oz margarine (#30 disher) 1 c fortified tea	2 oz peanut butter & jelly (E) (# 16 disher) ½ c potato salad ½ c carrot sticks 2 ea bread 1 ea fresh fruit 1 c fortified tea	3 oz peanut butter & jelly (E) (#12 disher) ½ c potato salad ½ c carrot sticks 2 ea bread 1 ea fresh fruit 1 c fortified tea
No Alternate Entrée	No Alternate Entrée	¾ c scrambled eggs (AE)	No Alternate Entrée	No Alternate Entrée
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea chicken leg quarter, BBQ (E) 1 c garlic mashed potatoes ½ c mixed vegetables 1 c dried beans 1 ea garlic roll 1 c fortified beverage	½ c pulled poultry thigh (E) (Chopped) OR deboned chicken leg quarter 1 c garlic mashed potatoes ½ c mixed vegetables 1 c dried beans 1 ea garlic roll 1 c fortified beverage	¾ c pulled poultry thigh (E) OR OR deboned chicken leg quarter ½ c garlic mashed potatoes ½ c mixed vegetables 2 ea bread 1 oz margarine (#30 disher) 1 c fortified beverage	¾ c pulled poultry thigh (E) OR OR deboned chicken leg quarter 1 c garlic mashed potatoes ½ c mixed vegetables 2 ea bread 1 oz LS margarine (#30 disher) 2 oz jelly (#16 disher) 1 c fortified beverage	¾ c pulled poultry thigh (E) OR OR deboned chicken leg quarter ¾ c garlic mashed potatoes ½ c mixed vegetables 3 ea bread 1 oz LS margarine (#30 disher) 1 c fortified beverage
3 oz peanut butter (AE) (#12 disher) 2 ea bread	3 oz peanut butter (AE) (#12 disher) 2 ea bread	3 oz cheese (AE)*	¾ c scrambled eggs (AE)	¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is
reviewed monthly and is served as
written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


**MENU SUBJECT TO CHANGE DUE TO
PRODUCTION PROBLEMS, PRODUCT
AVAILABILITY, OR SECURITY ISSUES**

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Wednesday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c buttery oatmeal w/brown sugar 2 ea streusel coffee cake (E) (1/48ea) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	2 c buttery oatmeal w/brown sugar 2 ea streusel coffee cake (E) (1/48ea) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	½ c scrambled eggs (E) ½ c buttery oatmeal 1 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute	½ c scrambled eggs (E) 1 c buttery oatmeal 2 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute	3 oz LS peanut butter (#12 disher) 2 c buttery oatmeal w/brown sugar 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 c turkey (E&P) fried rice (E) 1 c dried beans ½ c carrots 1 ea bakery biscuit (1/48 cut) 1 c fortified tea 1 c dried beans (AE) ½ c rice (AE)	1 c turkey (E&P) fried rice (E) 1 c dried beans ½ c carrots 2 ea bakery biscuit (1/48 cut) 1 c fortified tea 1 c dried beans (AE) ½ c rice (AE)	¾ c turkey (E&P) fried rice (E) ½ c dried beans ½ c carrots ½ c canned fruit 1 ea bread 1 c fortified tea ½ c dried beans (AE) ½ c rice (AE)	1 c turkey (E&P) fried rice (E) ½ c dried beans ½ c carrots ½ c canned fruit 1 ea bread 1 c fortified tea 1 c dried beans (AE) ½ c rice (AE)	2 c rice 1 c dried beans ½ c carrots ½ c canned fruit ½ oz LS margarine (#60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 c chili mac (E) 1 c dried beans ½ c mixed vegetables 2 ea bread 1 c fortified beverage 1 c dried beans (AE) ½ c pasta (AE)	1 c chili mac (E) 1 c dried beans 1 c mixed vegetables 2 ea bread 1 c fortified beverage 1 c dried beans (AE) ½ c pasta (AE)	1 c chili mac (E) ½ c dried beans ½ c mixed vegetables 1 ea bread 1 c fortified beverage ½ c dried beans (AE) ½ c pasta (AE)	1½ c chili mac (E) ¾ c dried beans 1 c mixed vegetables 1 ea bread 1 c fortified beverage 1 c dried beans (AE) ½ c pasta (AE)	2 c pasta 1 c dried beans 1 c mixed vegetables ½ c canned fruit ½ oz margarine (#60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

* Cheese as Menu Item

Menu calls for:	Sliced	OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.

* standard ordered size is 1/2 oz. slices


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Wednesday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/dental	Low fiber	Pre dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c buttery oatmeal w/brown sugar 2 ea streusel coffee cake (E) (1/48ea) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	1 c buttery oatmeal w/brown sugar 2 ea streusel coffee cake (E) (1/48ea) ½ c canned fruit*** 1 c coffee 1 c breakfast beverage 2 ea sugar pk	¼ c scrambled eggs (E) ½ c buttery oatmeal w/brown sugar 2 ea bread ½ c canned fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz margarine (#30 disher)	1 c buttery oatmeal w/brown sugar 2 ea streusel coffee cake (E) (1/48ea) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz LS margarine (#30 disher)	¼ c scrambled eggs (E) ½ c buttery oatmeal w/brown sugar 3 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
	** can substitute banana when available			
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 c turkey (E&P) fried rice (E) 1 c dried beans ½ c carrots 1 ea bakery biscuits (1/48ea) 1 c fortified tea 1 c dried beans (AE) ½ c rice (AE)	1 c turkey (E&P) fried rice (E) 1 c dried beans ½ c cooked carrots 1 ea bakery biscuits (1/48ea) 1 c fortified tea 1 c dried beans (AE) ½ c rice (AE)	1 c turkey (E&P) fried rice (E) ½ c cooked carrots 2 ea bread 1 oz margarine (#30 disher) 1 c fortified tea ¼ c scrambled eggs (AE)	¼ c turkey (E&P) fried rice (E) ½ c carrots 2 ea bread 1 c fortified tea ½ c dried beans (AE) ½ c rice (AE)	1½ c turkey (E&P) fried rice (E) ½ c carrots 2 ea bread 1 c fortified tea ¼ c scrambled eggs (AE) ½ c rice (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
1 c chili mac (E) 1 c dried beans ½ c mixed vegetables 2 ea bread 1 c fortified beverage 1 c dried beans (AE) ½ c pasta (AE)	1 c chili mac (E) 1 c dried beans ½ c mixed vegetables 2 ea bread 1 c fortified beverage 1 c dried beans (AE) ½ c pasta (AE)	¼ c pulled poultry thigh (E) OR deboned chicken leg quarter ½ c pasta ½ c mixed vegetables 2 ea bread 1 oz margarine (#30 disher) 1 c fortified beverage 3 oz cheese (AE)*	¼ c chili mac (E) 1 c mixed vegetables 2 ea bread 1 oz LS margarine (#30 disher) ½ c canned fruit 1 c fortified beverage ¼ c scrambled eggs (AE) ½ c pasta (AE)	¼ c pulled poultry thigh (E) OR deboned chicken leg quarter 1 c pasta ½ c mixed vegetables 3 ea bread 1 oz LS margarine (#30 disher) ½ c canned fruit 1 c fortified beverage ¼ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Thursday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
¾ c country meat gravy (E) 1 c buttery grits 2 ea bakery biscuits (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk 2 oz cheese (AE)*	¾ c country meat gravy (E) 1 ½ c buttery grits 1 ea margarine 2 ea bakery biscuits (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 11 oz jelly (#60 disher) 2 ea sugar pk 2 oz cheese (AE)*	¾ c country meat gravy (E) 1 c buttery grits 1 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute 2 oz cheese (AE)*	¾ c country meat gravy (E) 1 ½ c buttery grits 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute 2 oz cheese (AE)*	3 oz LS peanut butter (# 12 disher) 2 c buttery grits ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 c frito pie (E) 1 c dried beans ½ c greens 1 ea sweet cornbread (1/48 cut) 1 c fortified tea 1 c dried beans (AE)	1 c frito pie (E) 1 c dried beans ½ c greens 1 ea sweet cornbread (1/48 cut) 1 c fortified tea 1 c dried beans (AE)	1 c frito pie (E) 1 c dried beans ½ c greens 1 ea bread 1 c fortified tea 1 c dried beans (AE)	1 c frito pie (E) 1 c dried beans ½ c greens 1 ea bread 1 c fortified tea 1 c dried beans (AE)	2 c rice 1 c dried beans ½ c greens 1 ea fresh fruit ½ oz margarine (#60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea charbroiled patty (E) ½ c corn 1 c dried beans ½ c shredded lettuce 3 ea pickle chips 2 ea bread 1 ea cookie ½ oz ketchup ½ oz mustard 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	1 ea charbroiled patty (E) 1 c corn 1 ½ c dried beans ½ c shredded lettuce 3 ea pickle chips 2 ea bread 1 ea cookie ½ oz ketchup ½ oz mustard 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	1 ea charbroiled patty (E) ½ c corn ½ c dried beans ½ c shredded lettuce 3 ea pickle chips 1 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	1 ea charbroiled patty (E) 1 c corn ¾ c dried beans ½ c shredded lettuce 3 ea pickle chips 1 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	2 c corn 1 c dried beans ½ c lettuce 3 ea pickle chips ½ c canned fruit ½ oz margarine (#60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Thursday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
¼ c country meat gravy (E) 1 c buttery grits 2 ea bakery biscuits (1/48ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	¼ c country meat gravy (E) 1 c buttery grits 2 ea bakery biscuits (1/48ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	¼ c scrambled eggs (E) ½ c buttery grits 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk 1 oz margarine (# 30 disher)	¼ c scrambled eggs (E) 1 c buttery grits 2 ea bread ½ c canned fruit 1 c coffee 1 c breakfast beverage 2 oz jelly (#16 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)	¼ c scrambled eggs (E) 1 c buttery grits 3 ea bread ½ c canned fruit 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)
2 oz cheese (AE)*	2 oz cheese (AE)*	No alternate entrée	No alternate entrée	No alternate entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 c frito pie (E) 1 c dried beans ½ c greens 1 ea sweet cornbread (1/48 cut) 1 c fortified tea 1 c dried beans (AE)	1 c frito pie (E) 1 c dried beans ½ c greens 1 ea sweet cornbread (1/48 cut) 1 c fortified tea 1 c dried beans (AE)	1 c ground turkey (E) ½ c rice ½ c greens 2 ea bread 1 oz margarine (# 30 disher) 1 c fortified tea 3 oz cheese (AE)*	¼ c ground turkey (E) ¼ c rice ½ c greens 2 ea bread ½ c canned fruit 1 oz LS margarine (#30 disher) 2 oz jelly (#16 disher) 1 c fortified tea ½ c scrambled eggs (AE)	¼ c ground turkey (E) ¼ c rice ½ c greens 2 ea bread 1 c fortified tea ¼ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea charbroiled patty (E) ½ c corn 1 c dried beans ½ c shredded lettuce 3 ea pickle chips 2 ea bread ½ oz mustard ½ oz ketchup 1 ea cookie 1 c fortified beverage 3 oz peanut butter (#12disher) (AE)	1 ea charbroiled patty (E) CHOPPED ½ c corn 1 c dried beans ½ c squash 3 ea pickle chips 2 ea bread ½ oz mustard ½ oz ketchup 1 ea cookie 1 c fortified beverage 3 oz peanut butter (#12disher) (AE)	6 oz pulled poultry thigh (E) OR deboned chicken thigh ½ c corn ½ c shredded lettuce 3 ea pickle chips 2 ea bread ½ oz mustard ½ oz ketchup 1 ea cookie 1 oz margarine (# 30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)	1 ea charbroiled patty (E) ½ c corn ½ c shredded lettuce 3 ea pickle chips 2 ea bread ½ oz mustard ½ oz ketchup 1 ea cookie 1 oz margarine (# 30 disher) 1 c fortified beverage 3 oz peanut butter (#12disher) (AE)	1 ea charbroiled patty (E) ½ c corn ½ c shredded lettuce 3 ea pickle chips 3 ea bread ½ oz mustard ½ oz ketchup 1 ea cookie 1 oz margarine (# 30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is
reviewed monthly and is served as
written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


**MENU SUBJECT TO CHANGE DUE TO
PRODUCTION PROBLEMS, PRODUCT
AVAILABILITY, OR SECURITY ISSUES**

FACILITY OR
INSTITUTION NAME: _____

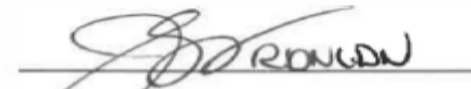
**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Friday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
2 ea breakfast sausage patty (E) 1 c buttery grits	2 ea breakfast sausage patty (E) 1 ½ c buttery grits	1 ea breakfast sausage patty (E) 1 c buttery grits	1 ea breakfast sausage patty (E) 1 c buttery grits	2 oz LS peanut butter (# 16 disher) 1½ c buttery grits ¼ c oven brown potatoes
2 ea bran muffin squares (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	2 ea bran muffin squares (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	1 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute	2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute	½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk
2 oz cheese (AE)*	2 oz cheese (AE)*	2 oz cheese (AE)*	2 oz cheese (AE)*	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2 oz luncheon meat (E) 1 oz cheese (E)* 1 ea chips ½ c shredded lettuce 2 ea bread 1 ea brownie (1/48 cut) ½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese (AE)*	2 oz luncheon meat (E) 2 oz cheese (E)* 1 ea chips ½ c shredded lettuce 2 ea bread 1 ea brownie (1/48 cut) ½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese (AE)*	2 oz luncheon meat (E) 1 oz cheese (E)* 1 ea chips ½ c shredded lettuce 2 ea bread ½ c canned fruit ½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese (AE)*	2 oz luncheon meat (E) 1 oz cheese (E)* 1 ea chips ½ c shredded lettuce 2 ea bread ½ c canned fruit ½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese (AE)*	1 c dried beans 2 c oven brown potatoes 1 c lettuce ½ c canned fruit ½ oz margarine (#60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
6 ea meatballs (E) 2 oz Italian red sauce ¾ c pasta ½ c green beans ½ c garden salad 1 ea garlic biscuit (1/48 cut) 1 ea cake (1/48 cut) ½ fl oz dressing 1 c fortified beverage 1 c dried beans (AE)	6 ea meatballs (E) 2 oz Italian red sauce 1 ½ c pasta ½ c green beans ½ c garden salad 1 ea garlic biscuit (1/48 cut) 1 ea cake (1/48 cut) ½ fl oz dressing 1 c fortified beverage 1 c dried beans (AE)	6 ea meatballs (E) 2 oz italian red sauce ½ c pasta ½ c garden salad ½ c green beans 1 ea bread ½ fl oz dressing 1 c fortified beverage 1 c dried beans (AE)	6 ea meatballs (E) 2 oz italian red sauce 1 c pasta ½ c garden salad ½ c green beans 1 ea bread ½ fl oz dressing 1 c fortified beverage 1 c dried beans (AE)	1 c dried beans 2 c pasta ½ c tossed salad ½ c green beans ½ oz margarine (#60 disher) ½ fl oz dressing 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

* Cheese as Menu Item

Menu calls for:	Sliced	← OR, substitute →	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.

* standard ordered size is 1/2 oz. slices


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES


FACILITY OR
INSTITUTION NAME: _____

**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Friday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23


FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief


Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 ea breakfast sausage patty (E) 1 c buttery grits 2 ea bran muffin squares (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk	1 ea breakfast sausage patty (E) CHOPPED 1 c buttery grits 2 ea bran muffin squares (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk	¾ c scrambled eggs (E) ½ c buttery grits 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk 1 oz margarine (#30 disher)	¾ c scrambled eggs (E) 1 c buttery grits 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 oz jelly (#16 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)	¾ c scrambled eggs (E) 1 c buttery grits 3 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)
2 oz cheese (AE)*	2 oz cheese (AE)*	No alternate entrée	No alternate entrée	No alternate entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2 oz luncheon meat (E) 1 oz cheese (E)* 1 ea chips ½ c shredded lettuce 2 ea bread 1 ea brownie (1/48 cut) ½ oz mayonnaise ½ oz mustard	2 oz luncheon meat (E) CHOPPED 1 oz cheese (E)* ½ c oven brown potatoes ½ c squash 2 ea bread 1 ea brownie (1/48 cut) ½ oz mayonnaise ½ oz mustard	4 oz luncheon meat (E) 1 oz cheese (E)* ½ c pasta ½ c shredded lettuce 2 ea bread 1 ea brownie (1/48 cut) ½ oz mayonnaise ½ oz mustard 1 oz margarine (#30 disher)	2 oz luncheon meat (E) 1 oz cheese (E)* ¾ c oven brown potatoes ½ c shredded lettuce 2 ea bread ½ c canned fruit ½ oz mayonnaise ½ oz mustard	6 oz ground chicken (E) ¾ c oven brown potatoes ½ c shredded lettuce 2 ea bread ½ c canned fruit ½ oz mayonnaise ½ oz mustard
1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea
3 oz cheese (AE)*	3 oz cheese (AE)*	3 oz cheese (AE)*	3 oz cheese (AE)*	¾ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
6 ea meatballs (E) 2 oz Italian red sauce ¾ c pasta ½ c green beans ½ c garden salad 1 ea garlic biscuit (1/48 cut) 1 ea cake (1/48 cut) ½ fl oz dressing	6 ea meatballs (E) 2 oz Italian red sauce ¾ c pasta 1 c green beans 1 ea garlic biscuit (1/48 cut) 1 ea cake (1/48 cut)	6 oz pulled poultry thigh (E) OR deboned chicken thigh ½ c pasta ½ c green beans 2 ea bread 1 ea cake (1/48 cut) 1 oz margarine (#30 disher)	3 ea meatballs (E) 2 oz italian red sauce 1 c pasta ½ c green beans ½ c garden salad 2 ea bread 1 ea cake (1/48 cut) ½ fl oz dressing 1 oz LS margarine (#30 disher)	6 ea meatballs (E) 2 oz italian red sauce 1 c pasta ½ c green beans ½ c garden salad 3 ea bread 1 ea cake (1/48 cut) ½ fl oz dressing 1 oz LS margarine (#30 disher)
1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage
1 c dried beans (AE)	1 c dried beans (AE)	¾ c scrambled eggs (AE)	2 oz scrambled eggs (AE)	¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, substitute →	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

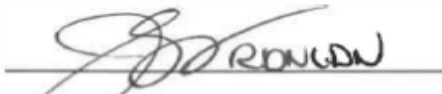
FACILITY OR
INSTITUTION NAME: _____

**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Saturday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23


FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief


Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c oatmeal w/ brown sugar 2 ea blueberry muffin square (E) (1/48ea) ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	2 c oatmeal w/ brown sugar 2 ea blueberry muffin square (E) (1/48ea) ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk ½ oz margarine	3 oz scrambled eggs (E) 1 c buttery oatmeal 1 ea bread ½ c canned fruit or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar substitute 1 pk diet jelly	3 oz scrambled eggs (E) 1½ c buttery oatmeal 2 ea bread ½ c canned fruit or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar substitute 2 pk diet jelly	3 oz LS peanut butter (#12 disher) 2 c buttery oatmeal w/brown sugar ½ c canned fruit or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 c shepherd stew (E) 1 c mashed potatoes 1 oz shredded cheese* 1 c dried beans 1 ea bakery biscuit (1/48 cut) 1 ea cookie 1 c fortified tea 1 c dried beans (AE) ½ c carrots (AE)	1½ c shepherd stew (E) 1½ c mashed potatoes 1 oz shredded cheese* 1 c dried beans 1 ea bakery biscuit (1/48 cut) 1 ea cookie 1 c fortified tea 1 c dried beans (AE) ½ c carrots	1 c shepherd stew (E) ½ c mashed potatoes 1 oz shredded cheese* 1 c dried beans 1 ea bread ½ c canned fruit 1 c fortified tea 1 c dried beans (AE) ½ c carrots	1½ c shepherd stew (E) 1 c mashed potatoes 1 oz shredded cheese* 1 c dried beans 1 ea bread ½ c canned fruit 1 c fortified tea 1 c dried beans (AE) ½ c carrots	2 c oven browned potatoes ½ c peas and carrots 1 c dried beans ½ c canned fruit ½ oz margarine (#60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea meatloaf patty (E) ¾ c rice ½ c carrots 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	1 ea meatloaf patty (E) 1 c rice ½ c carrots 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	1 ea meatloaf patty (E) ¾ c rice ½ c carrots 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	1 ea meatloaf patty (E) 1½ c rice ½ c carrots 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	1 c dried beans 2 c rice 1 c carrots ½ c canned fruit ½ oz margarine (#60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

*

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

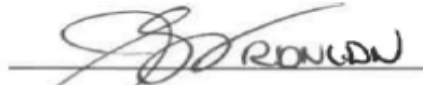
FACILITY OR
INSTITUTION NAME: _____

**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Saturday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23


FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief


Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c oatmeal w/ brown sugar 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	1 c oatmeal w/ brown sugar 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk ½ oz margarine	¾ c scrambled eggs (E) ½ c grits 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz margarine (#30 disher)	1 c buttery oatmeal 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned fruit or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz LS margarine (#30 disher)	¾ c scrambled eggs (E) ½ c buttery oatmeal 3 ea bread ½ c canned fruit or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz jelly (#30 disher) 1 oz LS margarine (# 30 disher)
No Alternate Entrée	No Alternate Entrée	No alternate entrée	No alternate entrée	No alternate entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 c shepherd stew (E) 1 c mashed potatoes 1 c dried beans 1 oz shredded cheese* 1 ea bakery biscuits (1/48ea) 1 ea cookie 1 c fortified tea	1 c shepherd stew (E) 1 c mashed potatoes 1 c dried beans 1 oz shredded cheese* 1 ea bakery biscuits (1/48ea) 1 ea cookie 1 c fortified tea	¾ c ground chicken (E) ½ c rice ½ c cooked carrots 1 oz shredded cheese* 2 ea bread 1 ea cookie 1 oz margarine (#30 disher) 1 c fortified tea	½ c shepherds stew (E) ¾ c mashed potatoes 1 oz shredded cheese* 2 ea bread 1 ea cookie 1 oz LS margarine (#30 disher) 1 c fortified tea	1 c shepherds stew (E) ¾ c mashed potatoes 1 oz shredded cheese* 2 ea bread 1 ea cookie 1 c fortified tea
1 c dried beans (AE) ½ c carrots	1 c dried beans (AE) ½ c carrots	3 oz cheese (AE)*	½ c dried beans (AE)	¾ c scrambled eggs (AE) ½ c carrots
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea meatloaf patty (E) ¾ c rice ½ c carrots 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	1 ea meatloaf patty (E)(chopped) ¾ c rice ½ c cooked carrots 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ½ c rice ½ c cooked carrots 2 ea bread 1 oz margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ¾ c rice ½ c cooked carrots 2 ea bread 2 oz jelly (#16 disher) 1 oz LS margarine (#30 disher) 1 c fortified beverage ½ c dried beans (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter 1 c rice ½ c cooked carrots 3 ea bread 1 oz LS margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Sunday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
½ c scrambled eggs (E) 1 c bran flakes cereal 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	½ c scrambled eggs (E) 1 ½ c bran flakes cereal 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	½ c scrambled eggs (E) 1 ½ c bran flakes cereal 1 ea bread 1 ea Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute	½ c scrambled eggs (E) 1 ½ c bran flakes cereal 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute	3 oz LS peanut butter (# 12 disher) 2 c buttery grits ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c taco meat (E) ¾ c rice 1 c dried beans ½ c garden salad 1 oz shredded cheese* 2 ea tortillas ½ fl oz dressing 1 c fortified tea 1 c dried beans (AE)	½ c taco meat (E) 1 ½ c rice 1 ½ c dried beans ½ c garden salad 1 oz shredded cheese* 2 ea tortillas ½ fl oz dressing 1 c fortified tea 1 c dried beans (AE)	½ c taco meat (E) ¾ c rice 1 c dried beans ½ c garden salad 1 oz shredded cheese* 1 ea tortilla ½ fl oz dressing 1 c fortified tea 1 c dried beans (AE)	½ c taco meat (E) ¾ c rice 1 c dried beans ½ c garden salad 1 oz shredded cheese* 1 ea tortilla ½ fl oz dressing 1 c fortified tea 1 c dried beans (AE)	2 c rice 1 c dried beans ½ c marinated vegetable medley ½ oz margarine (#60 disher) ½ c canned fruit 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea zesty chicken patty (E) ¾ c pasta salad ½ c shredded lettuce 2 ea bread 1 ea cake (1/48 cut) ½ oz mustard ½ oz mayonnaise 1 c fortified beverage 3 oz cheese (AE)*	1 ea zesty chicken patty (E) 1 ½ c pasta salad ½ c shredded lettuce 2 ea bread 1 ea cake (1/48 cut) ½ oz mustard ½ oz mayonnaise 1 c fortified beverage 3 oz cheese (AE)*	1 ea zesty chicken patty (E) ¾ c pasta salad ½ c shredded lettuce 2 ea bread ½ c canned fruit ½ oz mustard ½ oz mayonnaise 1 c fortified beverage 3 oz cheese (AE)*	1 ea zesty chicken patty (E) ¾ c pasta salad ½ c shredded lettuce 2 ea bread ½ c canned fruit ½ oz mustard ½ oz mayonnaise 1 c fortified beverage 3 oz cheese (AE)*	2 c plain cooked pasta 1 c dried beans 1 c shredded lettuce 1 ea fresh fruit ½ oz margarine (#60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____

**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 2 Sunday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/23

FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief

Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
½ c scrambled eggs (E) 1 c bran flakes cereal 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	½ c scrambled eggs (E) 1 c bran flakes cereal 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	¾ c scrambled eggs (E) 1 c buttery grits 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk 1 oz margarine (#30 disher)	½ c scrambled eggs (E) 1 c buttery grits 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 oz jelly (#16disher) 2 ea sugar pk 1 oz LS margarine (# 30 disher)	¾ c scrambled eggs (E) 1 c buttery grits 3 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk 1 oz LS margarine (# 30 disher)
	** can substitute banana when available			
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c taco meat (E) ¾ c rice 1 c dried beans ½ c garden salad 1 oz shredded cheese* 2 ea tortillas ½ fl oz dressing 1 c fortified tea 1 c dried beans (AE)	½ c taco meat (E) ¾ c rice 1 c dried beans ½ c cabbage 1 oz shredded cheese* 2 ea tortillas ½ fl oz dressing 1 c fortified tea 1 c dried beans (AE)	¾ c ground chicken (E) ½ c rice ½ c cabbage 2 ea tortilla 1 oz margarine (#30 disher) 1 c fortified tea ¾ c scrambled eggs (AE)	¾ c ground chicken (E) ¾ c rice ½ c cabbage 2 ea tortilla ½ c canned fruit 1 oz LS margarine (# 30 disher) 2 oz jelly (#16 disher) 1 c fortified tea ¾ c scrambled eggs (AE)	½ c ground chicken (E) 1 c rice ½ c cabbage 2 ea tortilla ½ c canned fruit 1 c fortified tea ¾ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea zesty chicken patty (E) ¾ c pasta salad ½ c dried beans ½ c shredded lettuce 2 ea bread 1 ea cake (1/48 cut) ½ oz mustard ½ oz mayonnaise 1 c fortified beverage 3 oz cheese (AE)*	1 ea zesty chicken patty (E) ¾ c plain cooked pasta ½ c dried beans ½ c squash 2 ea bread 1 ea cake (1/48 cut) ½ oz mustard ½ oz mayonnaise 1 c fortified beverage 3 oz cheese (AE)*	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ¾ c cooked pasta ½ c shredded lettuce 2 ea bread 1 ea cake (1/48 cut) 1 oz margarine (# 30 disher) 1 c fortified beverage 3 oz cheese (AE)*	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ¾ c pasta salad ½ c shredded lettuce 2 ea bread 1 ea cake (1/48 cut) 1 oz LS margarine (#30 disher) 1 c fortified beverage 3 oz cheese (AE)*	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ¾ c pasta salad ½ c shredded lettuce 2 ea bread 1 ea cake (1/48 cut) 1 oz LS margarine (#30 disher) 1 c fortified beverage 3 oz cheese (AE)*

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES